

## **Week One Daily Worship – Sunday (3.30pm/7.30pm or a time that suits you)**

You might want to listen to a song from one of our playlists

Titles underlined do not need to be said nor *instructions in italics*.

### **Introduction to worship: Psalm 46**

**God is our refuge and strength, an ever-present help in trouble. Therefore, we will not fear, though the earth give way, and the mountains fall into the heart of the sea, though its waters roar and foam, and the mountains quake with their surging. There is a river whose streams make glad the city of God, the holy place where the Most High dwells. God is within her; she will not fall; God will help her at break of day. Nations are in uproar, kingdoms fall; he lifts His voice, the earth melts. The Lord Almighty is with us; the God of Jacob is our fortress. Come and see the works of the Lord, the desolations He has brought on the earth. He makes wars cease to the ends of the earth; He breaks the bow and shatters the spear; He burns the shields with fire. "Be still and know that I am God; I will be exalted among the nations; I will be exalted in the earth." The Lord Almighty is with us; the God of Jacob is our fortress.**

*The Psalmist pictures a world full of upheaval and encourages us that God is an ever-present help. Let us thank God that this is the case.*

### **Remembering God's forgiveness**

We know that God approves of those who in Christ have their sins covered, whose sin does not count against them. So, let us come to the Lord, who is full of compassion, and acknowledge our wrongdoing by saying together

**Lord God, we have sinned against You; we have done evil in Your sight. We are sorry and repent. Have mercy on us according to Your love. Wash away our wrongdoing and cleanse us from our sin. Renew a right spirit within us and restore us to the joy of your salvation, through Jesus Christ our Lord. Amen.**

*Let's read together the promise of God's Word*

**For as high as the heavens are above the earth, so great is His love for those who fear Him; as far as the east is from the west, so far has he removed our transgressions from us.**

May almighty God have mercy on us, forgive us our sins, and bring us to everlasting life, through Jesus Christ our Lord. Amen.

### **Bible Reading:**

*Please use the blog reading for today*

Pause for thought on the Bible Reading *(suggest at least 30 seconds)*

A place for your prayers *(based on what you have just read)*

### **Prayers concluding with the Lord's Prayer and a closing prayer**

Heavenly Father, thank You that we can come close to You, knowing that the barrier of sin has been removed. Thank You that You give us true rest for our souls and perfect peace in our hearts - and that in the midst of any storm Your peace that passes human understanding remains. Look with mercy on those who have not yet come to You for salvation and convict their hearts of their need to come to You and trust in Your redemptive blood for the forgiveness of sin. Thank You in Jesus name, Amen.

Lord we pray for those struggling with anxiety and fear, please be their Rock and Salvation. Remind them that You are the God of hope and encouragement and be their refuge and strength. We pray for those in the grip of mental health struggles, and for those who are in the valley of the shadow of death, show Yourself to them as their loving and strong Shepherd who knows and calls them by name. Lift their eyes from present troubles to see You as the source of light in their darkness. Amen.

Keep us, good Lord, under the shadow of Your wings in this time of uncertainty and distress. Sustain and support the anxious and fearful and lift up all who are brought low; that we may rejoice in Your comfort knowing that nothing can separate us from Your love in Christ Jesus our Lord. Amen.

A time for your own prayers (*as long as you like*) ...

### **Merciful Father**

**Accept these and all our prayers for the sake of your Son, our Saviour Jesus Christ. Amen**

**Our Father in heaven, hallowed be your name, your kingdom come, your will be done, on earth as in heaven. Give us today our daily bread. Forgive us our sins as we forgive those who sin against us. Lead us not into temptation but deliver us from evil. For the kingdom, the power, and the glory are yours now and forever. Amen.**

May the God who gives endurance and encouragement give us the same attitude of mind toward each other that Christ Jesus had, so that with one mind and one voice we may glorify the God and Father of our Lord Jesus Christ, and may the blessing of God Almighty, the Father, the Son, and the Holy Spirit, be among us, and remain with us always. Amen.